

2018 SCHEDULE

SPRING: April 14-JUNE 9

Saturday-Sunday

12:00-1:00 Lap Swim
1:00-6:00 Rec. Swim

SUMMER: JUNE 11-AUG 17

Tuesday, Wednesday, Thursday

11:00am-1:00pm Swim Lessons
12:00-1:00pm Lap Swim
1:00-4:00pm Rec Swim
4:30-6:00 Swim Lessons

Saturday, Sunday, Friday*

1:00pm-6:00pm
Rec.Swim/Lap swim
*Friday there is still lap swim from 12-1p.m.

FALL: AUG 25-OCT 21

Saturday-Sunday

1:00-5:00 Rec. Swim/Lap Swim

AQUAAEROBICS/ WATER ZUMBA

Tuesday and Thursday

TIMES TO BE DETERMINED BASED ON INTEREST.

SUMMER SWIM LESSONS

Session 1, register at the Pinole Swim Center Weekends only. Sessions 2-4, register at the Swim Center Tuesday-Sunday.

**TUES, WED, THURS, FRI 11:00AM-1:00PM
OR TUES, THURS 4:30PM-6:00PM**

SCHEDULE

Session 1 June 12-June 22

Session 2 June 26-July 6

Session 3 July 10-July 20

Session 4 July 24-August-3

Session 5 Aug. 7-Aug. 17

Each 2 week morning session is 8 lessons long, for \$104.00. Our Evening lessons will be 4 lessons, 2 per week for \$52.00

***Online registration at www.pinoleseals.org under public lessons tab.**

SWIM TEAM

April-August

Competitive swimming, and learn to swim program ages 4-18.

For information on joining the Seals Swim Team, please call 510-758-7566, or visit www.pinoleseals.org.

NO MEMBERSHIP REQUIRED

Drop in and use the pool. Easy and fun!

| | 1-Day Drop In | 10-Visit Punch Card | 25-Visit Punch Card |
|---------------|---------------|---------------------|---------------------|
| Adults* | \$5 | \$48 | \$115 |
| Lap swim only | \$3 | \$27 | \$67 |
| Non-Swimmer | \$5 | N/A | N/A |

***Punch cards are only valid in the year purchased**

RECREATIONAL SWIM

Rec Swim is open to anyone. Children under 14 must be accompanied by an adult 18 or older.

LAP SWIM

Adults only. Lap Swimmers and Water Walkers welcome. Tues. – Fri - \$3.00 only from 12-1 p.m.

NO OUTSIDE FLOTATION DEVICES ARE ALLOWED

This includes swim suits with sewn-in flotation and all other outside flotation devices.

